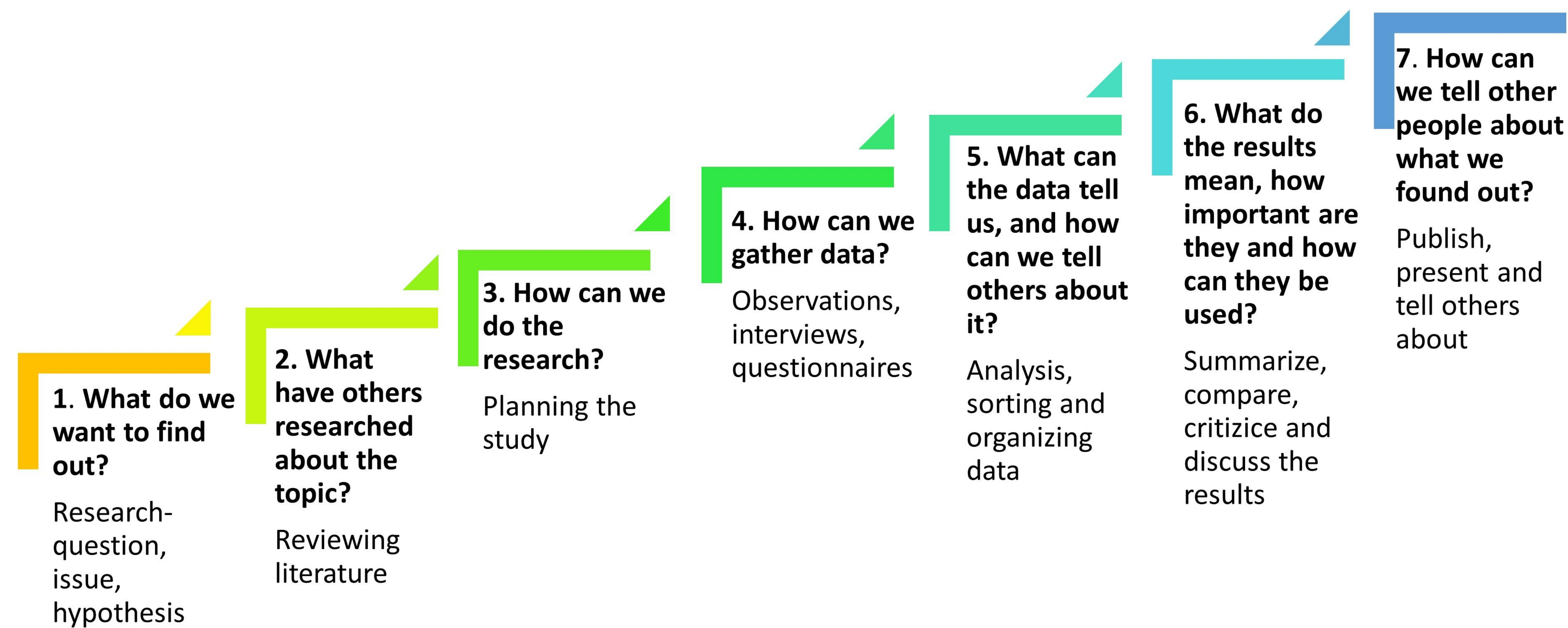


COLLABORATION IN INCLUSIVE RESEARCH AND THE CO-RESEARCHER'S ROLE.

This poster is part of the project "Research course for persons with intellectual disabilities" in Norway – no. 3

Hege Bakken, assistant professor; Iver Valved Korsvik, co-researcher; Ole Magnus Oterhals, co-researcher; Ingrid Krohn Aasgård, assistant professor - Molde University College & May Østby, associate professor, Østfold University College/Molde University College

COLLABORATION UP THE STAIRS OF RESEARCH



SOME ADVICE ON COLLABORATION

ROLES



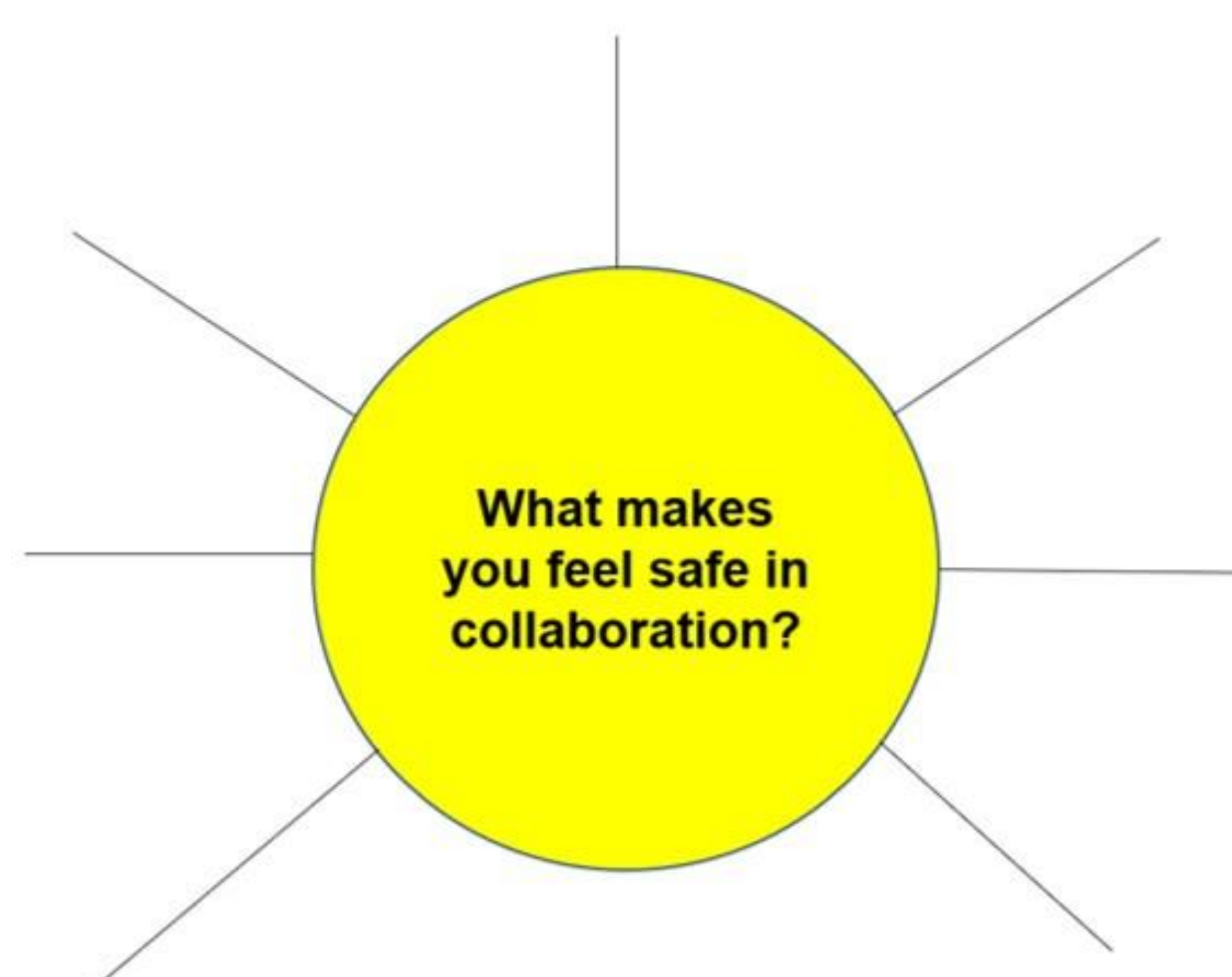
- Inclusive research must be collaborative.
- Co-researchers must have some control over the process.
- Researchers and co-researchers can have different roles and tasks, but they are both important.
- Researchers have knowledge about research.
- Co-researchers have unique experiences from their lives.
- Sometimes researchers need to take more responsibility for the collaboration.
- The researchers and the co-researchers need a plan.

IMPORTANT IN COLLABORATION



- Make all group members feel safe.
- Take time to get to know each other- this makes collaboration easier.
- Humour – a lot of laughing 😊
- Support and accept each other, show respect and be positive.
- Help each other – act as one team.
- Different views and discussions is positive.
- Wait until it is your turn to speak.
- Sometimes collaboration can be difficult.
- If we disagree: talk to each other and sort it out.

EXERCISE FROM THE RESEARCH COURSE:



PLANNING



The co-researchers need:

- To know what to do.
- Plans and information that are easy to understand.
- Predictability.
- Information about change of plans to avoid confusion.

Important about meetings:

- Enough time.
- Enough breaks.
- Not too much on the agenda.



This makes it easier to follow and participate.

ADVICE TO RESEARCHERS

- It can be difficult for co-researchers to disagree with the researchers.
- Be aware of the power dynamics!



The researchers must:

- Listen to the co-researchers.
- Follow up the co-researchers' initiatives.
- Help the co-researchers if something is difficult.
- Explain difficult words.
- Explain and repeat the information.

Take a step back, slow down and take time!

TOGETHER WE ACHIEVE MORE!

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